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PENNINGHAME ALL ABILITIES

- **Circular forest walk**
- **1km/¾ miles**
- **Allow ½ hour**
- **Hard surfaced path.**
- **Easy**
- **Everyday shoes can be worn throughout**
- **Suitable for wheelchair users**

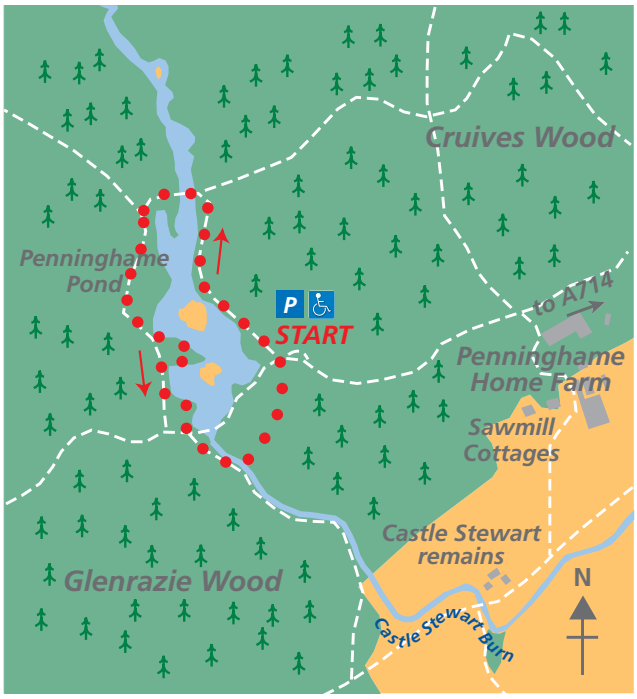
PARKING From Newton Stewart, follow the A714 towards Girvan. After approximately 5km/3 miles turn left at the sign for Penninghame Pond. Follow the track to reach the car park.

START Follow the waymarked trail round the pond, through the forest and back to the car park.

Penninghame pond was developed to create an all abilities trail, providing an ideal opportunity to get out and enjoy the countryside. The path has been specially constructed to allow access by wheelchair users and is great for anyone wishing a short, pleasant stroll. There are also interpretation panels and picnic areas along the way.

Follow the trail along the water's edge through attractive woodland. There are several viewpoints where you can stop and soak up the scenery or spot wildlife. Mallard and moorhen are common in this type of habitat and in the bushes along the edges of the pond you may see the occasional goldcrest, our smallest breeding bird.

Continue through the trees, mainly conifers planted in the 1950s. Soon you reach a bridge from where you can enjoy good views over the whole pond. Pike occur naturally here and are large, voracious predators, often known as 'freshwater tigers'. After crossing the track, the path loops through the forest before returning over a bridge to the car park.



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