

# GLEN TROOL

**START** Bruce's Stone car park, Glen Trool. To get there from Newton Stewart, follow the A714 towards Girvan, turning right at Bargrennan to Glentrool village. Follow signs to Glen Trool visitor centre then to Loch Trool

19km/12miles

Allow 2 hours

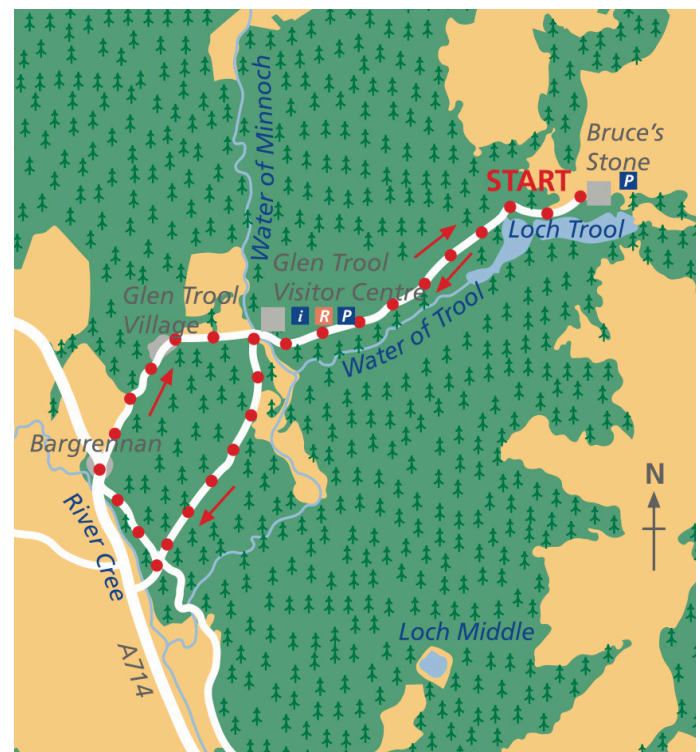
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Toilets and snacks available at Glen Trool visitor centre, open from April to October

**Loch Trool** Your starting point by Loch Trool allows you to visit Bruce's stone. This large, granite boulder sits in a prominent position overlooking Loch Trool and was erected to commemorate the Battle of Trool. The battle took place in 1307 on the opposite shore, where Robert the Bruce defeated a 1500 strong English army with one a fraction of that size.

**Glen Trool** Very picturesque, with views of the rugged Galloway hills. Scattered about are remnants of the ancient woodland that once covered the whole of the glen before the land was cleared for farming.

Miles	Route
0.0	Bruce's Stone car park. Cycle back along this picturesque section of National Cycle Route 7 to Glen Trool visitor centre.
3.2	From the visitor centre, cross Stroan Bridge, then turn left (Route 7 sign).
5.5	At the junction for Minnigaff continue straight ahead, leaving Route 7.
5.7	At the crossroads take the first right into the forest and right again at the next forest road junction. This is part of a Forestry Commission cycle route and is waymarked. Follow the waymarkers to meet the road then turn right for the visitor centre.
8.7	From Glen Trool visitor centre, return to Bruce's Stone.
12.0	Bruce's Stone



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**ON SHARED USE PATHS** • Please be courteous and be prepared to slow down or stop if necessary • Give way to pedestrians, horse-riders and wheelchair users, leaving them plenty of room • Carry a bell and use it - not all pedestrians can see you • Always follow the Highway Code • Be seen - most accidents to cyclists happen at junctions • Fit lights, wear a helmet and light and reflective clothing • Respect land management activities such as farming and forestry and take litter home • Be self-sufficient - in remote areas carry food, repair kit, map and waterproofs.

Bikes on Buses – the 500/X75 carries bikes along the A75 [www.dumgal.gov.uk/timetables](http://www.dumgal.gov.uk/timetables)