WAMPHREY GLEN

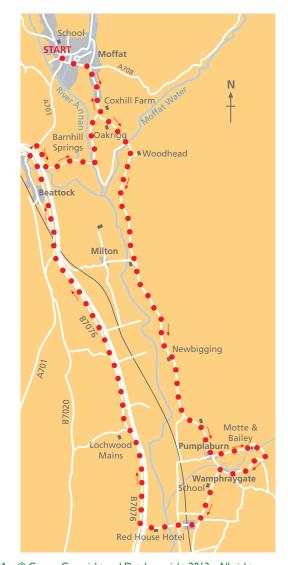
- **START Moffat Town Centre**
- 35km/18 miles
- Allow 3 hours
- A fairly easy ride

A fairly easy ride of some 18 miles based on quiet lanes and using National Cycle Route 74. Passing through farmland, heather hills and river valleys.

Discover the hidden charms of Wamphray Glen and search the graveyard at Wamphray Kirk for the grave of the physician to the Tsar of Russia.

Miles	Route
0	Leave Moffat High Street on the A708 signposted Selkirk. After approximately half a mile turn right onto the Old Carlisle Road signposted for Newton Wamphray/Boreland. Along this road there are many fine Victorian houses as well as more recent developments. A short, moderate climb awaits you after about a mile but, having passed the sawmill on your right, you are rewarded for the expenditure of energy by a downhill section which brings you to Dumcrieff Wood. Here the Southern Upland Way crosses your path. At this point prepare yourself for a steady moderate climb of about one mile. On reaching the top you may wish to pause for breath and enjoy views over the Annan Valley towards Queensberry Hill in the middle distance.
6.0	After Stenrieshill and Annanside Farms bear left at a Y-junction towards Wamphray (signposted Boreland and Lockerbie).
6.8	At Pumplaburn Farm take the minor road to the left and climb uphill (passing under powerlines). As you descend, cross the burn and take a sharp right down to the bridge and Wamphray Mill. The road surface may be badly potholed along this section. The wooden bridge crossing the Wamphray Water may be slippery but is an ideal place to view the Old Mill before climbing the hill with the Parish Church on your left. At the top of the hill turn right. (Note: this is a start point for a forest walk into Wamphray Glen just opposite the junction).
8.0	The road climbs once more and at the top you should turn right, back towards Wamphraygate.
9.0	At the T-junction turn left, passing the village school on the right hand side. The school's most famous pupil was Archie Charteris, who became Professor of Biblical Criticism at the University of Edinburgh and chaplain to Queen Victoria.
9.5	Take the second turning on the right, passing the telephone box, under the railway bridge and proceed to the cross roads.
10.0	Continue straight on at the crossroads, crossing the River Annan, and on to the top of the hill, passing the Red House Hotel.
10.5	Having crossed over the M74, turn right onto the route 74 cycle path towards Moffat. (signposted Beattock).

- 17.5 After approximately 7 miles you will need to cross the A701 to continue on the cycle path, turning right to Moffat once more.
- 18.7 At the first roundabout, turn right and proceed under the motorway to 2nd roundabout.
- 19.0 Cross the 2nd roundabout following signs for Moffat, then take the first minor road to the right. This is not signposted but has a prominent cycling sign a few yards from its junction. This road leads you past Barnhill Springs.
- 20.0 After a mile, you should turn left immediately after crossing another metal bridge over the River Annan. Follow this gently undulating road for about three quarters of a mile.
- 20.75 Take a left turn at the T-junction. This takes you back on to the Old Carlisle Road, where you should retrace your steps to Moffat.
- 21.25 Turn left at the junction of the Old Carlisle Road and the A708, which you will meet after about half a mile.



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ON SHARED USE PATHS • Please be courteous and be prepared to slow down or stop if necessary • Give way to pedestrians, horse-riders and wheelchair users, leaving them plenty of room • Carry a bell and use it - not all pedestrians can see you • Always follow the Highway Code • Be seen - most accidents to cyclists happen at junctions • Fit lights, wear a helmet and light and reflective clothing • Respect land management activities such as farming and forestry and take litter home • Be self-sufficient - in remote areas carry food, repair kit, map and waterproofs.