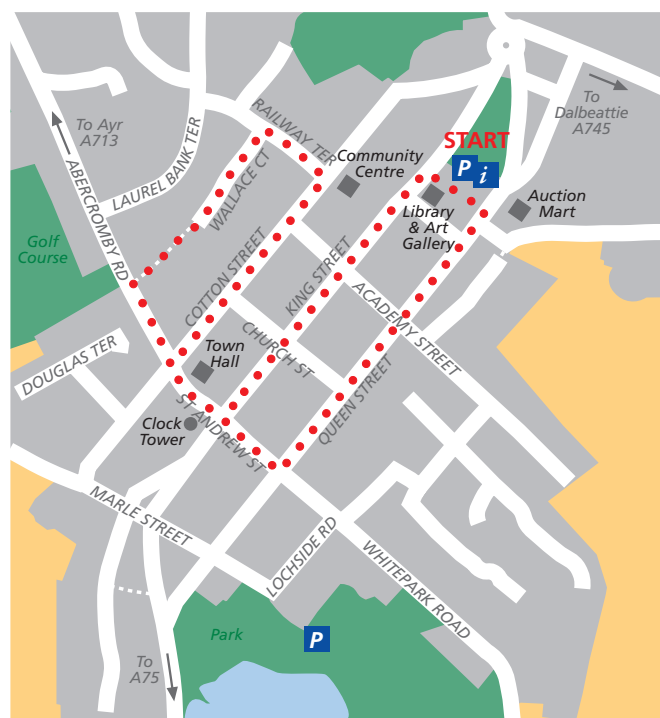


Any appropriate footwear

At the bridge, the route of the track can just be made out past the Golf Course if you cross the road to the other side of the bridge. Follow Abercromby Road down towards St John's RC church and cross Cotton Street into St Andrew

Cross over King Street and continue along St Andrew Street to the Kings Arms Hotel, which is believed to be around 200 years old. Turn left along Queen Street and continue up its length. This was a planned residential area of 18th century Castle Douglas. Near the top of the street is an unusual hexagonal shaped building, the auction mart. A cattle market has existed in Castle Douglas since 1819 and it is the most important industry of the town. The nearby Market Inn was once the veterinary surgeon's house. You are now back where you started at the Market Hill car park. The mound beside the Tourist Information Centre is the former bandstand.



Leave gates as you find them - Keep dogs under close control at all times - Keep to paths across farmland - Take care on country roads
Use gates and stiles to cross fences, hedges and walls - Respect farm livestock, crops and machinery - Take your litter home with you
Protect wildlife, plants and trees - Guard against risk of fire - Make no unnecessary noise.